



Welcome Back 4-H'ers!

August/September 2019

PRACTICAL | CONNECTED | TRUSTED

100 University of California
UC Cooperative Extension | Division of Agriculture and Natural Resources

Dates & Deadlines



AUGUST

- 22nd — Leaders' Council Mtg
- 24th — 4-H Kickoff at IV Mall
- 27th — Mandatory Production Mtg

SEPTEMBER


- 2nd — 4-H Office Closed
- 5th — Leaders' Council Meeting
- 7th — Production Steer Mtg
- 19th — Livestock Leaders Mtg
- 21st — Officer Training/Installation

Check out

www.ceimperial.ucanr.edu/4h

for a complete calendar

4-H Kickoff — PDR #3 Event
 Attended PDR #4 Interacted with community members
 PDR #5 Helped set up or clean up PDR #6 Wrote an article promoting/about 4-H Kickoff



4-H Kickoff

IV MALL

@ FOOD COURT

AUGUST 24TH

10:00 AM - 4:00 PM



- Do you want to learn about various 4-H projects?
- Find a club that fits your family?
- Learn about the benefits of joining 4-H?

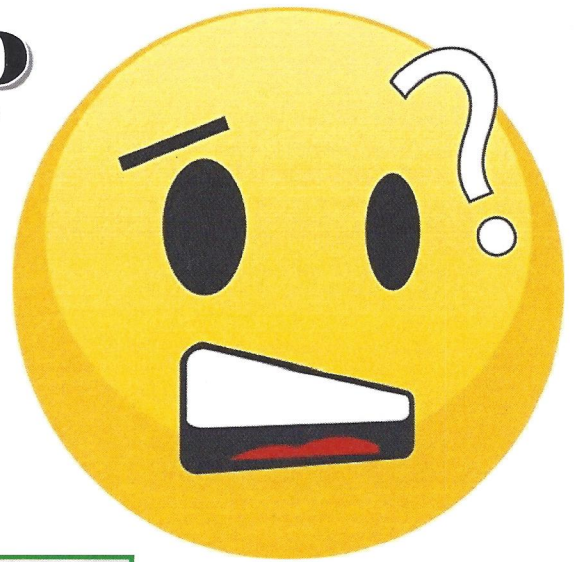


ALL new, returning, and interested members... join us at the 5th Annual Imperial County 4-H Registration Kickoff! Come on out to learn more about this LIFE-

What is that?

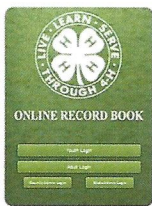
Livestock Leaders Meeting: Everyone is welcome to attend! Leaders discuss fair logistics, DNA & Ownership Deadlines/Requirements. 6:00 @ Farm Bureau in El Centro

Leaders Council Meeting: Everyone is welcome to attend! Community leaders give updates on past events and discuss logistics of upcoming events. 6:00 @ Farm Bureau in El Centro



Leaders Council & Livestock Leaders Council— PDR #3 Event
Attended PDR #4 On a Committee
PDR #5 Helped set up or clean up
PDR #6 Gave a presentation or wrote an Article
PDR #7 Won an award

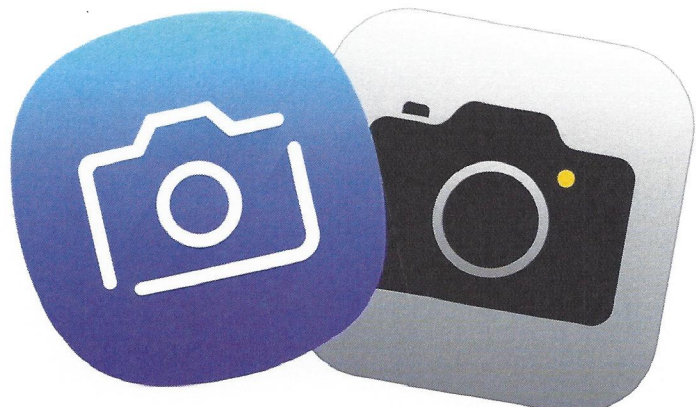
Get Connected with Imperial County 4-H



For update info on upcoming programs, pictures project ideas, volunteer resources, videos and so much more! Search Imperial County 4-H on your favorite media source!



This intercom features QR codes! No scanner app required. Simply hover over the QR code after opening your camera app!



Are you an incoming 4-H officer?

Are you interested in an officer position?

Do you want to be a future camp counselor?

Are you a junior or teen leader?

Do you want to become more active in 4-H?



CALLING ALL INCOMING OFFICERS!

4-H Leadership & Officer Training

9/21/19

10 A.M. - 2 P.M.

LOCATION: TBD

This training will help you learn how to effectively carry out your duties as a club officer, Junior/Teen leader, or camp counselor. Learn about Parliamentary Procedures, develop your leadership skills, and officially be installed as an incoming officer!



PDR # 5 Assisted with facility set up or tear down
PDR #4 Leadership Development
PDR # 3 Event Attended
#6 Presented a session
#6 wrote an article or gave report on event

LEADERSHIP
PUBLIC-SPEAKING
TEAMWORK RESPONSIBILITY
CREATIVITY
REPORT FRIENDSHIP COMMUNICATION



PDR Helper

These gray boxes with green checkmarks serve as a Record Book helper! Each experience is labeled with possible #s that correspond to where you should log each activity in your PDR. The possible categories are:

2. **4-H Project Skill Activities**—Records activities where 4-H members exhibited their 4-H project work or demonstrated their knowledge to an audience/judge.
3. **4-H Events Attended**—Records 4-H events (excluding 4-H club/project meetings) attended.
4. **Leadership Development**—Records leadership activities and positions held.
5. **Citizenship and Community Service**—Records specific citizenship and community service projects completed by member.
6. **Communication Skills**—Records communication activities undertaken by a member (may or may not be related to a project in which the member is enrolled)
7. **Honors and Recognition**—Records significant honors and recognition earned by the member.

PDR stands for Professional Development Report, which is a record-keeping section of a 4-H Record Book. This logs your involvement and more throughout the year.

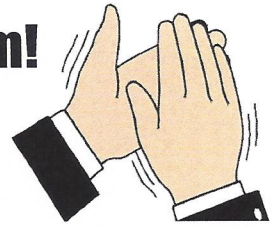


But
what
is a
Record
Book?

- Annual record of projects completed, involvement, and awards earned
- Earn stars and pins for your 4-H hat!!
- Youth learn record keeping and responsibility skills
- Learn to set and evaluate personal goals
- Record information useful for future resumes and applications
- Log expenses to calculate net profit and practice accounting skills

Meet your new All Star County Ambassador Team!

The 4-H All Star County Ambassador is the highest rank a 4-H member may achieve at the county level. These members have excelled in their own projects, served their



Hi! My name is **Taylor Tucker**. I am 14 years old and a freshman at Southwest High School. I am so excited to be a part of the 2019-2020 Imperial County Ambassador Team! I am really happy that I will be able to work with many other members of 4-H and help them become more active within the Imperial County because it is so much fun! I hope to interact with so many more people and make more memories pertaining to 4-H. With all of the new information that I learn this year, I hope to take it back to my club and inform them on all the new events and ideas. Overall, I am extremely excited, and ready, to take part in 4-H as an Imperial County Ambassador.

Hi. My name is **Gabby Esparza** and I am one of your 2019-2020 Imperial County All Star Ambassadors! I am 16 years and a senior at Imperial High School. This will also be my 6th year in 4-H! In my years in 4-H, I have participated in the swine, feeder calf, Knowledge Bowl, photography, and Arts & Crafts projects. Also, I have attended the Cal Focus Conference in Sacramento, which was an amazing experience. One of my goals is to encourage 4-H members around the county to participate in leadership opportunities and service learning projects for our community. I am excited as looking forward to share my ideas and meet more 4-H members in our county!



Hi, I'm **Kennedy Pecht**. In this year, I will strive to help the county and its members reach their fullest potential. I look forward to working one on one with our members and community leaders and to better educate the public on the importance of agriculture and civil service. I hope to one day start my own club project to encourage members to attend local government meetings and report back the information they learned to the club to help develop their public speaking skills. My goal is to make an impact here within the Imperial Valley and give back to the community that has provided me with countless opportunities to thrive; all while working towards securing the success of our community for generations to come.

Raise your hand if you want to be a 4-H Project Leader!



What does a 4-H Project Leader do?

- Works with members enrolled in a project to guide their learning of knowledge, skills, and attitudes
- Organizes a minimum of 6 instruction hours or 5-7 project group meetings
- Involves Junior/Teen leaders in supporting the project members
- Helps members establish goals for their project
- Provides individualized support as needed



SCAN ME!

For a complete list of duties, visit http://4h.ucanr.edu/Resources/Volunteers/Project_Leader_Resources/ or scan the QR code above.

Can I be a 4-H Project Leader?

- ✓ 18 years or older
- ✓ Available for insurance/liability purposes

How can I become a 4-H Project Leader?

Visit http://ceimperial.ucanr.edu/4h/enrollment/New_Leader_Orientation/



for more info or scan the QR code on the right. Call the 4-H Office at 442-265-7700.

Joining 4-H is as easy as 1, 2, 3!

1. Choose a 4-H club. (see next page for details)



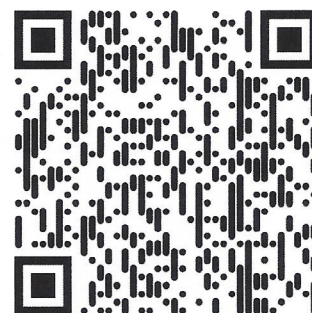
2. Submit paperwork.

Once in contact with your Club Community Leader, turn in:

⇒ Waiver of Liability, Assumption of Risk, Indemnity Agreement

⇒ Medical Release Form, Health History Information

3. Submit Online Enrollment.



Visit California.4honline.com or scan the QR code on the right to submit your online enrollment.



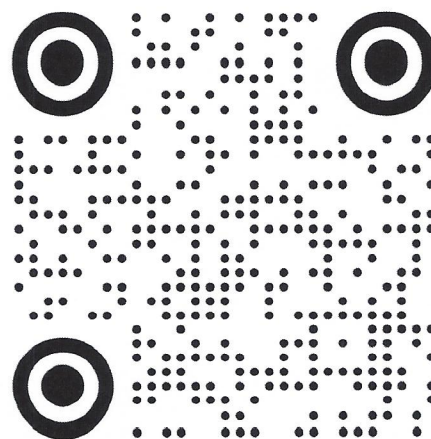
Imperial County 4-H Enrollment fee is \$58 for youth and \$24 for adult volunteers. You may request a 4-H Program Fee Waiver/Reduction.

JOIN THE CLUB

Do you want to know more about 4-H?

Read the [California 4-H Handbook for New Families!](#)

Visit <http://4h.ucanr.edu/files/271860.pdf> or scan the QR code on the right.





Choose a 4-H Club:

4-H Clubs have no affiliation with cities, school districts, nor with any religious or political organizations. The meeting place for each club is chosen based on convenience, and you are welcome to join any 4-H Club that appears to fit your family's needs.

Club	Meeting Location	Meeting Schedule	Enrollment Contact
Calipatria 4-H	Calipatria High School Board Room	2nd Wednesday @7 pm	avortiz91@icloud.com
Calexico 4-H	Farm Bureau, El Centro	2nd Wednesday of the month @ 6 pm	arreolas_5@yahoo.com
Dogwood 4-H	Heber Public Utility District	3rd Monday of every month	dogwood4hclub@gmail.com
Holtville 4-H	Finley Cafeteria	2nd Monday of the month @6 pm	shannonmagana@icloud.com
McCabe 4-H	Corfman Multipurpose Room—McCabe School	3rd Tuesday of the month @ 7pm	Mccabe4-h@hotmail.com
M&M 4-H	Sacred Heart Church	2nd Monday of the month @ 6 pm	yndato@yahoo.com
Mt. Signal 4-H	Farm Bureau or IV Expo	2nd Tuesday of the month @ 7pm	mtsignal4h@gmail.com kelley-jackson@sbcglobal.net
Magnolia 4-H	Stockmens Club	2nd Tuesday of the month @ 6 pm	Magnolia4h.brawley@gmail.com
Meadows 4-H	Farm Bureau, El Centro	3rd Monday of the month at 6pm	Contact 4-H office
Mulberry 4-H	Mulberry School at 6pm	1st Monday of each Month	kellydill@yahoo.com
Seeley 4-H	Farm Bureau, El Centro	2nd Monday of each Month at 6pm	seeley4h@gmail.com
Southwest Valley 4-H	Ben Hulse Elementary School	2nd Tuesday of the month at 7 pm	wendy@joehegerfarms.com jncrabtree08@gmail.com
Star Route 4-H	Farm Credit Services	2nd Tuesday of the month @ 6 pm	starroute4h@gmail.com
Verde 4-H	St. Paul's Lutheran Church, 458 Chestnut Ave, Holtville	2nd Monday of each month @ 6:30 PM	kim@kevingrizzlefarms.com stacyhoyt@hotmail.com
Westmorland 4-H	Westmorland Fire Department	2nd Tuesday of the month @ 6pm	cruztina82@yahoo.com



University of California
Agriculture and Natural Resources

Imperial County



JOIN 4-H TODAY!

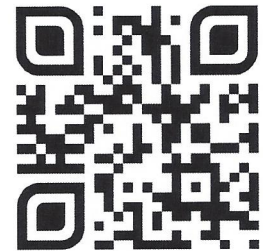
HOW WILL YOU INSPIRE THE NEXT GENERATION?

Behind every youth success story, there is a mentor—someone just like you. As a 4-H volunteer, you can share your skills and experience to help transform a new generation of confident young leaders. This is your chance to make a change and be the spark that inspires the next generation!

HOW DO I VOLUNTEER?

1. Complete the online 4-H Volunteer Interest Survey

<http://ucanr.edu/leader>



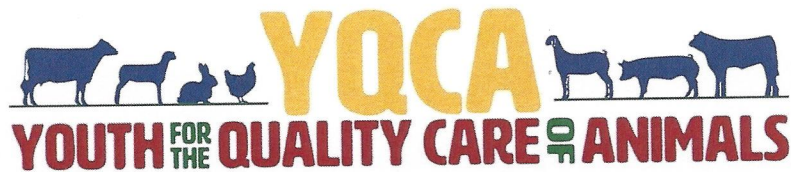
2. Create an adult volunteer profile on [4hOnline](#).

3. Complete a Live-scan with the California Department of Justice.

Want to help? Email us NOW! Just put "I want to help" in the subject line & we'll get you started right away!



They have everything for you exhibitors to know
You can hang out with all the animals
It's fun to complete your course with YQCA
It's fun to complete your course with YQCA



Do you want to show an animal this year?

California has now adopted a rule that ALL exhibitors must take a “state approved” course annually. ALL junior and senior members with a livestock project must complete this online course. In previous years, the “No-Go, No-Show” training was required every 3 years, but this course replaces that program. The CA Mid-Winter Fair has approved an online curriculum from the Youth for the Quality Care of Animals (YQCA). This is **MANDATORY** for ALL livestock exhibitors.

SCAN ME TO TAKE THE COURSE



Or visit <https://yqca.learngrow.io/Account/Login>

There is a \$12 course fee. At the completion of the course, the exhibitor will receive a certificate with a unique ID, which will be used to verify the eligibility of the livestock exhibitor. You will be required to enter this certificate number and upload the certificate of completion when registering for the fair through ShoWorks.

Every 4-H'er has a story, and YOUR story is worth telling!

4-H YOUTH IN ACTION

Apply today! Applications open Aug. 1 - Oct. 22

Each pillar winner will receive:

- ⇒ \$5,000 higher education scholarship
- ⇒ Promotional video showcasing their project
- ⇒ All expenses paid trip to Washington D.C. for National 4-H Legacy Awards
- ⇒ Networking opportunities with 4-H celebrities and alumni
- ⇒ Recognition as the official pillar spokesperson

One of the four pillar winners will be selected as the 4-H Youth in Action National Award Winner and receive an additional \$5,000 scholarship.



Four Pillar Winner

Categories:

- Healthy Living
- Agriculture
- Science, Technology, Engineering, Mathematics (STEM)
- Citizenship

Check out the 4-H Youth In Ac-

Questions?
Email: Youth-
InAction@4-
H.org



Upcoming Conference Opportunities

Southern Youth Summit

January 17th-19th, 2020

SYS (formerly called TIC) is a three day leadership conference that empowers youth to become strong leaders in their communities. In addition to night hikes and color dye capture the flag games, the conference offers amazing educational workshops to enhance leadership skills!

Available to **ALL** 4-H members ages 11 - 13. Call Jennifer Garcia at (442) 265-7700 to register or for more information!

National 4-H Conference

April, 2020

National 4-H Conference is truly an experience like no other! You get to stay at the National 4-H Conference and team up with youth from all across the country to create presentations on important issues to give to federal agencies! Not to mention, you get to sightsee Washington D.C.!

Available to **ALL** 4-H'ers ages 16-19! In order to register, you must apply through California 4-H! Applications are available on the state website! Applications will be due early November! http://4h.ucanr.edu/4-H_Events/N4-HC/

Citizenship Washington Focus

June, 2020

Through the tours in the living classroom of Washington, D.C. and hands-on educational workshops, youth will learn about the history of our nation, the leaders who have shaped it, and how they can apply their enhanced leadership and citizenship skills to issues in their own community!

Available to **ALL** 4-H members ages 16-19! In order to register, you must apply and interview through Imperial County 4-H! Applications are due to the 4-H Office by November 13, 2019. Call Jennifer Garcia at (442) 265-7700 for more information!

California Focus

June dates to be determined

Experience California's government in action by participating in the legislative, political, and judicial processes. California Focus combines hands-on participation in workshops, debates, simulations, tours, and fun activities!

Available to **ALL** youth (Non 4-H'ers too!) ages 14-19! In order to register, you must apply and interview through Imperial County 4-H! Applications are due to the 4-H Office by November 13, 2019. Call Jennifer Garcia at (442) 265-7700 for more information!

Upcoming Conference Opportunities

Leadership Washington Focus Summer dates to be determined

This conference, which takes place in Washington D.C., helps youth build confidence to lead others in action, develop a personal leadership style, exchange ideas with youth from all across the country, and experience hands on learning!

Available to **ALL** 4-H'ers that will be entering 7th-9th grade next year! In order to register, you must apply and interview through Imperial County 4-H! Applications are due to the 4-H Office by November 13th, 2019. Call Jennifer Garcia at (442) 265-7700 for more information!

State Leadership Conference July dates to be determined

The annual California 4-H State Leadership Conference brings together youth from across California for leadership training, networking, and a memorable learning experience! Listen to amazing motivational speakers, attend hands-on, educational workshops, and make lasting friendships!

Available to **ALL** 4-H'ers ages 13-19! Call Jennifer Garcia at (442) 265-7700 to register or for more information.

Become a State Ambassador! Application due early January

The 4-H State Ambassador position is one of the highest service opportunities and recognition attainable in the University of California 4-H Youth Development Program. Spend one year developing state workshops and planning state conferences with a team of youth from all over California!

Available to **ALL** 4-H'ers ages 16-18! Applications are available on the state website! Applications are due early January, so be sure to start now!

<http://4h.ucanr.edu/Projects/Leadership/SA/>

Apply for a State Advisory Committee! Application due early May

If you are passionate about something, why not join a committee to make changes to the whole state! State Advisory Committees, composed of both youth and adults, write curriculum, plan events, create workshops, and more! There are various committees such as animal science, healthy living, camping, STEM, volunteer development, and more! You have several video conference calls and two in person meetings a year! Plus...travel is paid for!

Available to **ALL** 4-H youth and adult volunteers.

4-H Mindfulness Retreat! Application due early May

At this retreat, you will have opportunities to increase and gain personal skills in leading a healthy lifestyle and to be a healthy advocate in your community. The retreat is held in Cambria, California, and takes place Friday through Sunday.

 **WIN**
Disneyland
TICKETS!



Every 4-H member is eligible to win Disneyland Tickets or an iPad! **YOU can win if you are the highest BBQ ticket seller in the county (minimum 100 tickets).**

Ticket sales must be reported by 5 p.m. October 18, 2019 in order to promptly deliver tickets/iPad to the winner. Winner will be contacted about receiving their prize.

October 20
12-5 p.m.
Sperber Arena
\$10 per plate

Imperial County 4-H BBQ — PDR #3 Event Attended PDR #4 Sold tickets #4 Helped at BBQ/Meat trimming PDR #5 Helped set up or clean up PDR #6 Wrote an article about 4-H BBQ



EDUCATIONAL AND NATIONAL POSTERS DUE FRIDAY 10-4-19

PLEASE BRING THEM TO THE 4-H
OFFICE BY FRIDAY AT 5PM

IMPERIAL COUNTY 4-H OFFICE
1050 EAST HOLTON ROAD
HOLTVILLE, CA

4-H POSTER CONTEST DETAILS!

2 SEPERATE CONTESTS! MORE
CHANCES TO WIN!

1. National 4-H Poster Contest:
theme "True Leaders Grow Here!"
Purpose is to show the public why
they should JOIN 4-H. Poster size:
no larger than 22" x 28"
(remember it needs to fit in a
window or be displayed at a local
merchant). Materials: poster
board for backing only. Be
creative with materials. Must
incorporate theme.

PDR #2 Exhibited a 4-H project #3 Participat-
ed in a 4-H project #6 Displayed at a public
place #7 Received an award for poster

Educational Display Contest!

2.
An Educational Display
is an organized visual
presentation of a
program or a concept. A
display should be
designed to convey its
message in a limited
amount of time.

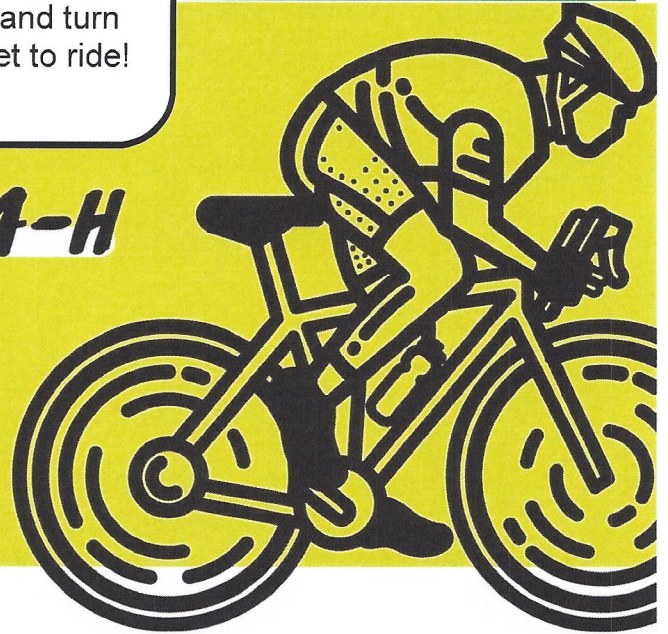
- Posters will be displayed at the 4-H BBQ
- Members may enter as individuals or as a group! Primaries are welcome to participate and will receive a special award
- Minimum size approx. 24" x 36" - maximum approx. 30"

Free swimming, lunch, and fun! Make sure to bring a swimsuit and towel. We will be swimming in the RV Park swimming pool after the bike ride. It is a 6.5 mile ride starting West on McCabe Rd. We'll have a scheduled water stop, continue west on Ross Rd, and turn into Sunbeam Lake Drive. Must wear a helmet to ride!

PDR #2 Displayed skills (if part of bike project) #3 Attended bike event #3 Attended Youth Science Day #4 On committee to organize event #6 Wrote an article about the event

IMPERIAL COUNTY 4-H

BIKE RIDE



// Saturday, October 12, 2019 //

Registration and bike decorations start at 8 am.
Bike ride starts at 9 am.

McCabe School



Sunbeam Lake

4-H NATIONAL YOUTH SCIENCE DAY



Join us Saturday, October 12, 2019
after the bike ride at Sunbeam Lake
for this fun event!

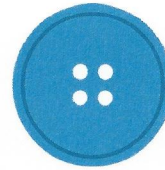
This October, 4-H will launch the 2019 National Youth Science Day (NYSD) challenge, "Game Changers." Designed by Google and West Virginia Extension service, Game Changers teaches kids ages 8-14 how to use computer science to create games, solve problems and engage with topics they're passionate about. Game Changers uses physical activity and puzzles to teach kids important computer science concepts and problem-solving skills, creating real-world connections between computer science and civic engagement, healthy living and agriculture.

Just SEW you know...

Fashion Revue

This 4-H event is an opportunity to showcase your sewing and shopping skills. Read each of the categories to see which one(s) you are interested in!

Fashion Revue Categories



Traditional

Participants in this category will construct garment(s) showcasing sewing skills and the ability to coordinate an outfit. The outfit must contain at least one constructed garment; participants are encouraged to construct additional garments to complete the outfit. The garment(s) in this category must be sewn by the member as part of the Clothing & Textiles/Sewing Project.

Consumer Science Purchased

Participants in this category will shop for an entire outfit with the total cost not to exceed \$40.00, including shoes but not sales tax. Receipts from the current 4-H year are required for any item that is visible. Gifts, prior purchases, and items without receipts are not eligible for this category. Receipts from yard sales, etc. may be hand written. The participant should consider value vs. cost, versatility, the shopping experience, and coordination of the outfit within the cost limit. There is no 4-H project requirement; **any 4-H member may enter this category.**

Box Challenge

More information to be updated on state website.

Visit http://4h.ucanr.edu/4-H_Events/SFD/SFR/#box for more details.

Vintage Challenge

The term "vintage" is used to describe clothing between 20 and 100 years old that is also clearly representative of the era in which it was produced. To be called vintage, the piece should strongly reflect styles and trends associated with that era. Participants in this challenge will create an outfit that is inspired by or looks like a design from 1900-2000, using new fabric and notions. The entry must state the year or period of the design and include a drawing, photo, or description of the classic design that is being reproduced or duplicated. Add accessories to complete the outfit that are reminiscent of that time period. The outfit must feature at least one handmade garment made by the member. Other pieces of the outfit must be representational and recognizable as belonging to the same era as the hand made garment. The garment(s) in this challenge must be sewn by the member as part of the Clothing & Textiles/Sewing Project. There is no 4-H project requirement; **any 4-H member may enter this category.**



Cosplay Challenge

Cosplay is the practice of dressing to resemble a fictional character from a movie, book, or video game. Cosplay can also depict an original character or an historical character.

Participants in this challenge will construct a cosplay costume. Start with a photo or drawing of the character that inspired the costume. Use any crafting techniques and any materials to make the costume. Pre-made, purchased costume kits, or parts of kits are not allowed. Accessories may be purchased. Do not include real or realistic weapons. The purchased garments may be used as a starting point for the costume (purchased jeans with sewn western shirt and vest; purchased blouse with a hand made poodle skirt and scarf). The costume and its theme must be 4-H appropriate. For instance, you can modify the Wonder Woman outfit to wear pants, tights, or a longer skirt. The participant must be able to walk, sit, and use stairs while in the costume. There is no 4-H project requirement; **any 4-H member may enter this category.**

4-H CITIZENSHIP SCHOLARSHIP APPLICATION

Scheduled Focus Trips: Please check desired trip:

- California Focus (June 2020)
- Citizenship Washington Focus (July 2020)
- Leadership Washington Focus (July 2020)

Application Deadline: Wednesday, November 13, 2019 – 5:00pm

Email to jl Garcia@ucanr.edu or drop off at 4-H Office

Interview with candidates will begin at 6:00pm on Thursday, November 14, 2019

NAME _____ AGE _____ BIRTHDATE ____/____/____ GRADE _____
(must be 14 by June of 2019 for Cal Focus and 15 by June for Citizenship Focus)
(must be entering grades 7th – 9th next year for Leadership Focus)

CLUB _____

SUMMARY OF CITIZENSHIP ACTIVITIES (List by years)

Scholarship Application: Are you applying for a scholarship? Yes ___ No ___

Check List for Scholarship Qualifications:

Completed at least one year of 4-H club work. Year _____

I plan to re-enroll in an Imperial County 4-H club next year. Yes ___ No ___

I will be able to attend the interview. Yes ___ No ___

I have enclosed a letter of recommendation from my club leader. Yes ___ No ___

I will be able to pay remaining total for trip if not fundraise which will include miscellaneous costs and transportation cost. Yes ___ No ___

If I am a scholarship recipient, and do not attend the Citizenship trip, I am to return the scholarship money to 4-H Leader's Council _____ Initials

If I am selected to attend this conference, I will come back to the County next year and visit 4-H clubs to help them with the Citizenship Program. _____ Initials

APPLICANT

PARENT/GUARDIAN