



Welcome Back 4-H'ers!

August/September 2019

PRACTICAL | CONNECTED | TRUSTED

100 University of California  
UC Cooperative Extension | Division of Agriculture and Natural Resources

Dates & Deadlines



AUGUST

22nd — Leaders' Council Mtg

24th — 4-H Kickoff at IV Mall

27th — Mandatory Production Mtg

SEPTEMBER

2nd — 4-H Office Closed

5th — Leaders' Council Meeting

7th — Production Steer Mtg

19th — Livestock Leaders Mtg

21st — Officer Training/Installation

Check out

[www.ceimperial.ucanr.edu/4h](http://www.ceimperial.ucanr.edu/4h)

for a complete calendar

4-H Kickoff — PDR #3 Event Attended PDR #4 Interacted with community members PDR #5 Helped set up or clean up PDR #6 Wrote an article promoting/about 4-H Kickoff

# 4-H Kickoff

## IV MALL

### @ FOOD COURT

## AUGUST 24TH



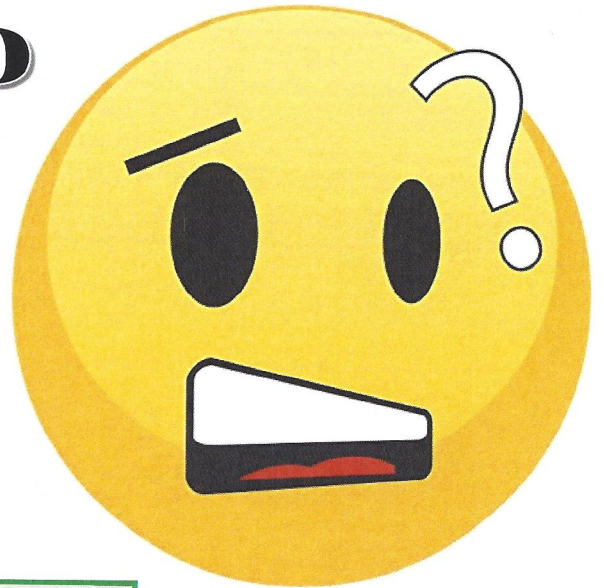
- Do you want to learn about various 4-H projects?
- Find a club that fits your family?
- Learn about the benefits of joining 4-H?

ALL new, returning, and interested members... join us at the 5th Annual Imperial County 4-H Registration Kickoff! Come on out to learn more about this LIFE-

# What is that?

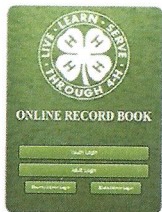
**Livestock Leaders Meeting:** Everyone is welcome to attend! Leaders discuss fair logistics, DNA & Ownership Deadlines/Requirements. 6:00 @ Farm Bureau in El Centro

**Leaders Council Meeting:** Everyone is welcome to attend! Community leaders give updates on past events and discuss logistics of upcoming events. 6:00 @ Farm Bureau in El Centro



Leaders Council & Livestock Leaders Council— PDR #3 Event  
Attended PDR #4 On a Committee  
PDR #5 Helped set up or clean up  
PDR #6 Gave a presentation or wrote an Article  
PDR #7 Won an award

## Get Connected with Imperial County 4-H



For update info on upcoming programs, pictures project ideas, volunteer resources, videos and so much more! Search Imperial County 4-H on your favorite media source!



This intercom features QR codes! No scanner app required. Simply hover over the QR code after opening your camera app!



*Are you an incoming 4-H officer?*

*Are you interested in an officer position?*

*Do you want to be a future camp counselor?*

*Are you a junior or teen leader?*

*Do you want to become more active in 4-H?*



**CALLING ALL INCOMING OFFICERS!**

## **4-H Leadership & Officer Training**

**9/21/19**

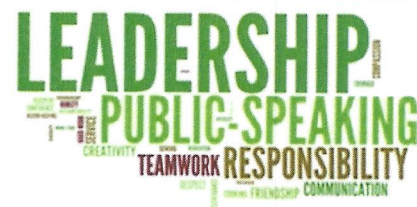
**10 A.M. - 2 P.M.**

**LOCATION: TBD**

**This training will help you learn how to effectively carry out your duties as a club officer, Junior/Teen leader, or camp counselor. Learn about Parliamentary Procedures, develop your leadership skills, and officially be installed as an incoming officer!**



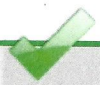
PDR # 5 Assisted with facility set up or tear down PDR #4 Leadership Development PDR # 3 Event Attended #6 Presented a session #6 wrote an article or gave report on event



# PDR Helper

These gray boxes with green checkmarks serve as a Record Book helper! Each experience is labeled with possible #s that correspond to where you should log each activity in your PDR. The possible categories are:

2. **4-H Project Skill Activities**—Records activities where 4-H members exhibited their 4-H project work or demonstrated their knowledge to an audience/judge.
3. **4-H Events Attended**—Records 4-H events (excluding 4-H club/project meetings) attended.
4. **Leadership Development**—Records leadership activities and positions held.
5. **Citizenship and Community Service**—Records specific citizenship and community service projects completed by member.
6. **Communication Skills**—Records communication activities undertaken by a member (may or may not be related to a project in which the member is enrolled)
7. **Honors and Recognition**—Records significant honors and recognition earned by the member.



PDR stands for Professional Development Report, which is a record-keeping section of a 4-H Record Book. This logs your involvement and more throughout the year.

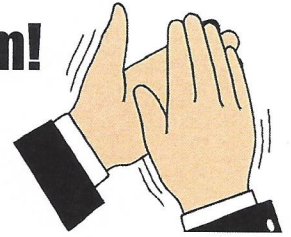


**But  
what  
is a  
Record  
Book?**

- Annual record of projects completed, involvement, and awards earned
- Earn stars and pins for your 4-H hat!!
- Youth learn record keeping and responsibility skills
- Learn to set and evaluate personal goals
- Record information useful for future resumes and applications
- Log expenses to calculate net profit and practice accounting skills

# Meet your new All Star County Ambassador Team!

The 4-H All Star County Ambassador is the highest rank a 4-H member may achieve at the county level. These members have excelled in their own projects, served their



Hi! My name is **Taylor Tucker**. I am 14 years old and a freshman at Southwest High School. I am so excited to be a part of the 2019-2020 Imperial County Ambassador Team! I am really happy that I will be able to work with many other members of 4-H and help them become more active within the Imperial County because it is so much fun! I hope to interact with so many more people and make more memories pertaining to 4-H. With all of the new information that I learn this year, I hope to take it back to my club and inform them on all the new events and ideas. Overall, I am extremely excited, and ready, to take part in 4-H as an Imperial County Ambassador.

Hi. My name is **Gabby Esparza** and I am one of your 2019-2020 Imperial County All Star Ambassadors! I am 16 years and a senior at Imperial High School. This will also be my 6th year in 4-H! In my years in 4-H, I have participated in the swine, feeder calf, Knowledge Bowl, photography, and Arts & Crafts projects. Also, I have attended the Cal Focus Conference in Sacramento, which was an amazing experience. One of my goals is to encourage 4-H members around the county to participate in leadership opportunities and service learning projects for our community. I am excited as looking forward to share my ideas and meet more 4-H members in our county!



Hi, I'm **Kennedy Pecht**. In this year, I will strive to help the county and its members reach their fullest potential. I look forward to working one on one with our members and community leaders and to better educate the public on the importance of agriculture and civil service. I hope to one day start my own club project to encourage members to attend local government meetings and report back the information they learned to the club to help develop their public speaking skills. My goal is to make an impact here within the Imperial Valley and give back to the community that has provided me with countless opportunities to thrive; all while working towards securing the success of our community for generations to come.

# Raise your hand if you want to be a 4-H Project Leader!



## What does a 4-H Project Leader do?

- Works with members enrolled in a project to guide their learning of knowledge, skills, and attitudes
- Organizes a minimum of 6 instruction hours or 5-7 project group meetings
- Involves Junior/Teen leaders in supporting the project members
- Helps members establish goals for their project
- Provides individualized support as needed



SCAN ME!

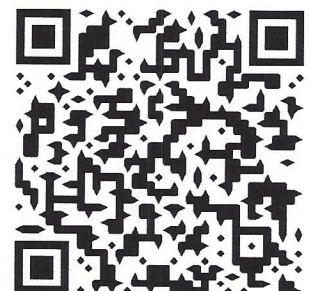
For a complete list of duties, visit [http://4h.ucanr.edu/Resources/Volunteers/Project\\_Leader\\_Resources/](http://4h.ucanr.edu/Resources/Volunteers/Project_Leader_Resources/) or scan the QR code above.

## Can I be a 4-H Project Leader?

- ✓ 18 years or older
- ✓ Available for insurance/liability purposes

## How can I become a 4-H Project Leader?

Visit [http://ceimperial.ucanr.edu/4h/enrollment/New\\_Leader\\_Orientation/](http://ceimperial.ucanr.edu/4h/enrollment/New_Leader_Orientation/)



for more info or scan the QR code on the right. Call the 4-H Office at 442-265-7700.

# Joining 4-H is as easy as 1, 2, 3!

1. Choose a 4-H club. (see next page for details)



2. Submit paperwork.

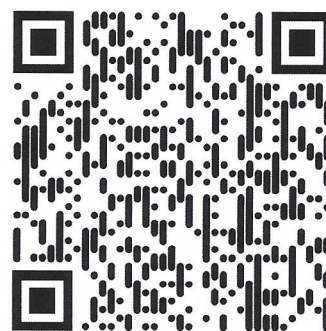
Once in contact with your Club Community Leader, turn in:

⇒ Waiver of Liability, Assumption of Risk, Indemnity Agreement

⇒ Medical Release Form, Health History Information

3. Submit Online Enrollment.

Visit [California.4honline.com](http://California.4honline.com) or scan the QR code on the right to submit your online enrollment.



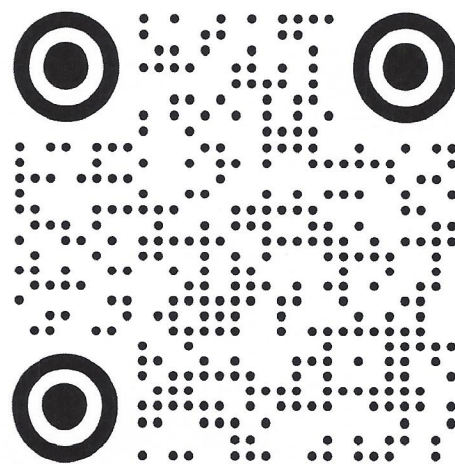
Imperial County 4-H Enrollment fee is \$58 for youth and \$24 for adult volunteers. You may request a 4-H Program Fee Waiver/Reduction.

## JOIN THE CLUB

*Do you want to know more about 4-H?*

Read the [California 4-H Handbook for New Families!](#)

Visit <http://4h.ucanr.edu/files/271860.pdf> or scan the QR code on the right.





**Choose a 4-H Club:**

4-H Clubs have no affiliation with cities, school districts, nor with any religious or political organizations. The meeting place for each club is chosen based on convenience, and you are welcome to join any 4-H Club that appears to fit your family's needs.

<b>Club</b>	<b>Meeting Location</b>	<b>Meeting Schedule</b>	<b>Enrollment Contact</b>
<b>Calipatria 4-H</b>	Calipatria High School Board Room	2nd Wednesday @7 pm	avortiz91@icloud.com
<b>Calexico 4-H</b>	Farm Bureau, El Centro	2nd Wednesday of the month @ 6 pm	arreolas_5@yahoo.com
<b>Dogwood 4-H</b>	Heber Public Utility District	3rd Monday of every month	dogwood4hclub@gmail.com
<b>Holtville 4-H</b>	Finley Cafeteria	2nd Monday of the month @6 pm	shannonmagana@icloud.com
<b>McCabe 4-H</b>	Corfman Multipurpose Room—McCabe School	3rd Tuesday of the month @ 7pm	Mccabe4-h@hotmail.com
<b>M&amp;M 4-H</b>	Sacred Heart Church	2nd Monday of the month @ 6 pm	yndato@yahoo.com
<b>Mt. Signal 4-H</b>	Farm Bureau or IV Expo	2nd Tuesday of the month @ 7pm	mtsignal4h@gmail.com kelley-jackson@sbcglobal.net
<b>Magnolia 4-H</b>	Stockmens Club	2nd Tuesday of the month	Magnolia4h.brawley@gmail.com
<b>Meadows 4-H</b>	Farm Bureau, El Centro	3rd Monday of the month at 6pm	Contact 4-H office
<b>Mulberry 4-H</b>	Mulberry School at 6pm	1st Monday of each Month	kellydill@yahoo.com
<b>Seeley 4-H</b>	Farm Bureau, El Centro	2nd Monday of each Month at 6pm	seeley4h@gmail.com
<b>Southwest Valley 4-H</b>	Ben Hulse Elementary School	2nd Tuesday of the month at 7 pm	wendy@joehegerfarms.com jn crabtree08@gmail.com
<b>Star Route 4-H</b>	Farm Credit Services	2nd Tuesday of the month	starroute4h@gmail.com
<b>Verde 4-H</b>	St. Paul's Lutheran Church, 458 Chestnut Ave, Holtville	2nd Monday of each month @ 6:30 PM	kim@kevingrizzlefarms.com stacyhoyt@hotmail.com
<b>Westmorland 4-H</b>	Westmorland Fire Department	2nd Tuesday of the month @ 6pm	cruzтина82@yahoo.com





**JOIN 4-H TODAY!**

# HOW WILL YOU INSPIRE THE NEXT GENERATION?

Behind every youth success story, there is a mentor—someone just like you. As a 4-H volunteer, you can share your skills and experience to help transform a new generation of confident young leaders. This is your chance to make a change and be the spark that inspires the next generation!

## HOW DO I VOLUNTEER?

1. Complete the online 4-H Volunteer Interest Survey  
<http://ucanr.edu/leader>
2. Create an adult volunteer profile on [4hOnline](#).
3. Complete a Live-scan with the California Department of Justice.



Want to help? Email us NOW! Just put "I want to help" in the subject line & we'll get you started right away!

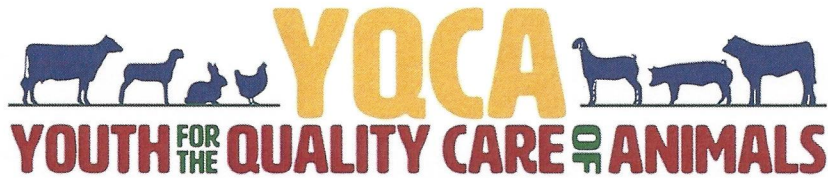


They have everything for you exhibitors to know

You can hang out with all the animals

It's fun to complete your course with YQCA

It's fun to complete your course with YQCA



## Do you want to show an animal this year?

California has now adopted a rule that ALL exhibitors must take a “state approved” course annually. ALL junior and senior members with a livestock project must complete this online course. In previous years, the “No-Go, No-Show” training was required every 3 years, but this course replaces that program. The CA Mid-Winter Fair has approved an online curriculum from the Youth for the Quality Care of Animals (YQCA). This is **MANDATORY** for ALL livestock exhibitors.

SCAN ME TO TAKE THE COURSE



Or visit <https://yqca.learnrow.io/Account/Login>

There is a \$12 course fee. At the completion of the course, the exhibitor will receive a certificate with a unique ID, which will be used to verify the eligibility of the livestock exhibitor. You will be required to enter this certificate number and upload the certificate of completion when registering for the fair through ShoWorks.

# Every 4-H'er has a story, and YOUR story is worth telling!

# 4-H YOUTH IN ACTION

*Apply today! Applications open Aug. 1 - Oct. 22*

Each pillar winner will receive:

- ⇒ \$5,000 higher education scholarship
- ⇒ Promotional video showcasing their project
- ⇒ All expenses paid trip to Washington D.C. for National 4-H Legacy Awards
- ⇒ Networking opportunities with 4-H celebrities and alumni
- ⇒ Recognition as the official pillar spokesperson

One of the four pillar winners will be selected as the 4-H Youth in Action National Award Winner and receive an additional \$5,000 scholarship.



Four Pillar Winner

Categories:

- Healthy Living
- Agriculture
- Science, Technology, Engineering, Mathematics (STEM)
- Citizenship

Check out the 4-H Youth In Ac-

Questions?  
Email: Youth-  
InAction@4-  
H.org



## Upcoming Conference Opportunities

### **Southern Youth Summit**

**January 17th-19th, 2020**

SYS (formerly called TIC) is a three day leadership conference that empowers youth to become strong leaders in their communities. In addition to night hikes and color dye capture the flag games, the conference offers amazing educational workshops to enhance leadership skills!

Available to **ALL** 4-H members ages 11 - 13. Call Jennifer Garcia at (442) 265-7700 to register or for more information!

### **National 4-H Conference**

**April, 2020**

National 4-H Conference is truly an experience like no other! You get to stay at the National 4-H Conference and team up with youth from all across the country to create presentations on important issues to give to federal agencies! Not to mention, you get to sightsee Washington D.C.!

Available to **ALL** 4-H'ers ages 16-19! In order to register, you must apply through California 4-H! Applications are available on the state website! Applications will be due early November! [http://4h.ucanr.edu/4-H\\_Events/N4-HC/](http://4h.ucanr.edu/4-H_Events/N4-HC/)

### **Citizenship Washington Focus**

**June, 2020**

Through the tours in the living classroom of Washington, D.C. and hands-on educational workshops, youth will learn about the history of our nation, the leaders who have shaped it, and how they can apply their enhanced leadership and citizenship skills to issues in their own community!

Available to **ALL** 4-H members ages 16-19! In order to register, you must apply and interview through Imperial County 4-H! Applications are due to the 4-H Office by November 13, 2019. Call Jennifer Garcia at (442) 265-7700 for more information!

### **California Focus**

**June dates to be determined**

Experience California's government in action by participating in the legislative, political, and judicial processes. California Focus combines hands-on participation in workshops, debates, simulations, tours, and fun activities!

Available to **ALL** youth (Non 4-H'ers too!) ages 14-19! In order to register, you must apply and interview through Imperial County 4-H! Applications are due to the 4-H Office by November 13, 2019. Call Jennifer Garcia at (442) 265-7700 for more information!

## Upcoming Conference Opportunities

### **Leadership Washington Focus Summer dates to be determined**

This conference, which takes place in Washington D.C., helps youth build confidence to lead others in action, develop a personal leadership style, exchange ideas with youth from all across the country, and experience hands on learning!

Available to **ALL** 4-H'ers that will be entering 7th-9th grade next year! In order to register, you must apply and interview through Imperial County 4-H! Applications are due to the 4-H Office by November 13th, 2019. Call Jennifer Garcia at (442) 265-7700 for more information!

### **State Leadership Conference July dates to be determined**

The annual California 4-H State Leadership Conference brings together youth from across California for leadership training, networking, and a memorable learning experience! Listen to amazing motivational speakers, attend hands-on, educational workshops, and make lasting friendships!

Available to **ALL** 4-H'ers ages 13-19! Call Jennifer Garcia at (442) 265-7700 to register or for more information.

### **Become a State Ambassador! Application due early January**

The 4-H State Ambassador position is one of the highest service opportunities and recognition attainable in the University of California 4-H Youth Development Program. Spend one year developing state workshops and planning state conferences with a team of youth from all over California!

Available to **ALL** 4-H'ers ages 16-18! Applications are available on the state website! Applications are due early January, so be sure to start now!

<http://4h.ucanr.edu/Projects/Leadership/SA/>

### **Apply for a State Advisory Committee! Application due early May**

If you are passionate about something, why not join a committee to make changes to the whole state! State Advisory Committees, composed of both youth and adults, write curriculum, plan events, create workshops, and more! There are various committees such as animal science, healthy living, camping, STEM, volunteer development, and more! You have several video conference calls and two in person meetings a year! Plus...travel is paid for!

Available to **ALL** 4-H youth and adult volunteers.

### **4-H Mindfulness Retreat! Application due early May**

At this retreat, you will have opportunities to increase and gain personal skills in leading a healthy lifestyle and to be a healthy advocate in your community. The retreat is held in Cambria, California, and takes place Friday through Sunday.



**WIN**  
**Disneyland**  
**TICKETS!**



Every 4-H member is eligible to win Disneyland Tickets or an iPad! **YOU** can win if you are the highest BBQ ticket seller in the county (minimum 100 tickets).

Ticket sales must be reported by 5 p.m.

October 18, 2019 in order to promptly deliver tickets/iPad to the winner. Winner will be contacted about receiving their prize.

October 20  
12-5 p.m.  
Sperber Arena  
\$10 per plate

Imperial County 4-H BBQ — PDR #3 Event Attended PDR #4 Sold tickets #4 Helped at BBQ/Meat trimming PDR #5 Helped set up or clean up PDR #6 Wrote an article about 4-H BBQ



# EDUCATIONAL AND NATIONAL POSTERS DUE FRIDAY 10-4-19



PLEASE BRING THEM TO THE 4-H  
OFFICE BY FRIDAY AT 5PM

IMPERIAL COUNTY 4-H OFFICE  
1050 EAST HOLTON ROAD  
HOLTVILLE, CA

## 4-H POSTER CONTEST DETAILS!

2 SEPERATE CONTESTS! MORE  
CHANCES TO WIN!

**1. National 4-H Poster Contest:**  
theme "True Leaders Grow Here!"  
Purpose is to show the public why  
they should JOIN 4-H. Poster size:  
no larger than 22" x 28"  
(remember it needs to fit in a  
window or be displayed at a local  
merchant). Materials: poster  
board for backing only. Be  
creative with materials. Must  
incorporate theme.

PDR #2 Exhibited a 4-H project #3 Participat-  
ed in a 4-H project #6 Displayed at a public  
place #7 Received an award for poster

## Educational Display Contest!

2.  
An Educational Display  
is an organized visual  
presentation of a  
program or a concept. A  
display should be  
designed to convey its  
message in a limited  
amount of time.



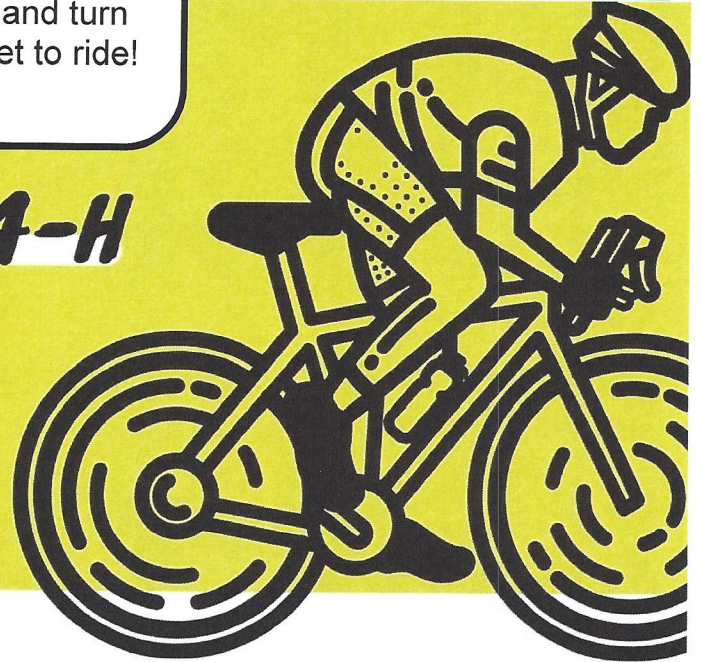
- Posters will be displayed at the 4-H BBQ
- Members may enter as individuals or as a group! Primaries are welcome to participate and will receive a special award
- Minimum size approx. 24" x 36" - maximum approx. 30"

Free swimming, lunch, and fun! Make sure to bring a swimsuit and towel. We will be swimming in the RV Park swimming pool after the bike ride. It is a 6.5 mile ride starting West on McCabe Rd. We'll have a scheduled water stop, continue west on Ross Rd, and turn into Sunbeam Lake Drive. Must wear a helmet to ride!

PDR #2 Displayed skills (if part of bike project) #3 Attended bike event #3 Attended Youth Science Day #4 On committee to organize event #6 Wrote an article about the event

## IMPERIAL COUNTY 4-H

## BIKE RIDE



// Saturday, October 12, 2019 //

Registration and bike decorations start at 8 am.  
Bike ride starts at 9 am.

McCabe School



Sunbeam Lake

# 4-H NATIONAL YOUTH SCIENCE DAY



Join us Saturday, October 12, 2019  
after the bike ride at Sunbeam Lake  
for this fun event!

This October, 4-H will launch the 2019 National Youth Science Day (NYSD) challenge, "Game Changers." Designed by Google and West Virginia Extension service, Game Changers teaches kids ages 8-14 how to use computer science to create games, solve problems and engage with topics they're passionate about. Game Changers uses physical activity and puzzles to teach kids important computer science concepts and problem-solving skills, creating real-world connections between computer science and civic engagement, healthy living and agriculture.

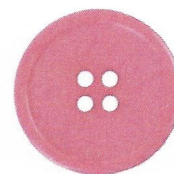
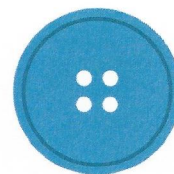


Just SEW you know...

# Fashion Revue

This 4-H event is an opportunity to showcase your sewing and shopping skills. Read each of the categories to see which one(s) you are interested in!

## Fashion Revue Categories



### Traditional

Participants in this category will construct garment(s) showcasing sewing skills and the ability to coordinate an outfit. The outfit must contain at least one constructed garment; participants are encouraged to construct additional garments to complete the outfit. The garment(s) in this category must be sewn by the member as part of the Clothing & Textiles/Sewing Project.

### Consumer Science Purchased

Participants in this category will shop for an entire outfit with the total cost not to exceed \$40.00, including shoes but not sales tax. Receipts from the current 4-H year are required for any item that is visible. Gifts, prior purchases, and items without receipts are not eligible for this category. Receipts from yard sales, etc. may be hand written. The participant should consider value vs. cost, versatility, the shopping experience, and coordination of the outfit within the cost limit. There is no 4-H project requirement; **any 4-H member may enter this category.**

### Box Challenge

More information to be updated on state website.

Visit [http://4h.ucanr.edu/4-H\\_Events/SFD/SFR/#box](http://4h.ucanr.edu/4-H_Events/SFD/SFR/#box) for more details.

### Make It Mine Challenge

Participants in this challenge will alter a commercial pattern or make your own pattern to achieve the fit and style you desire in a garment of your choice.

Option 1. Start with a fashion design drawing. Submit a picture of it.

Option 2. Start with an idea of what you want to make. Submit the written description.

Find a commercial pattern or patterns, or draw your own pattern to create a wearable garment. If you use one or more commercial patterns, submit the pattern number. Tell which part you used (skirt, sleeve, pant leg, etc.). Tell how you modified the pattern to fit you or to create the look you wanted. If you draw your own pattern, tell how you made your pattern and how you figured out the instructions for creating your garment(s). There is no 4-H project requirement; **any 4-H member may enter this category.**

### Retro/Historical Challenge

Participants in this challenge will create an outfit that is inspired by or looks like an old design using new fabric and notions. For this category, the design should be from before the year 2000. The entry must state the year or period of the design and include a drawing, photo, or description of the classic design that is being reproduced or duplicated. Add accessories that are reminiscent of that time period. The outfit must feature at least one handmade garment. Other pieces of the outfit must be recognizable as belonging to the same era as the hand made garment. The garment(s) in this



# 4-H CITIZENSHIP SCHOLARSHIP APPLICATION

**Scheduled Focus Trips: Please check desired trip:**

- California Focus (June 2020)  
 Citizenship Washington Focus (July 2020)  
 Leadership Washington Focus (July 2020)

**Application Deadline: Wednesday, November 13, 2019 – 5:00pm**

**Email to [jlgarcia@ucanr.edu](mailto:jlgarcia@ucanr.edu) or drop off at 4-H Office**

**Interview with candidates will begin at 6:00pm on Thursday, November 14, 2019**

NAME \_\_\_\_\_ AGE \_\_\_\_\_ BIRTHDATE \_\_\_/\_\_\_/\_\_\_\_ GRADE \_\_\_\_\_  
(must be 14 by June of 2019 for Cal Focus and 15 by June for Citizenship Focus)  
(must be entering grades 7<sup>th</sup> – 9<sup>th</sup> next year for Leadership Focus)

CLUB \_\_\_\_\_

SUMMARY OF CITIZENSHIP ACTIVITIES (List by years)

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**Scholarship Application:** Are you applying for a scholarship? Yes \_\_\_ No \_\_\_

**Check List for Scholarship Qualifications:**

Completed at least one year of 4-H club work. Year \_\_\_\_\_

I plan to re-enroll in an Imperial County 4-H club next year. Yes \_\_\_ No \_\_\_

I will be able to attend the interview. Yes \_\_\_ No \_\_\_

I have enclosed a letter of recommendation from my club leader. Yes \_\_\_ No \_\_\_

I will be able to pay remaining total for trip if not fundraise which will include miscellaneous costs and transportation cost. Yes \_\_\_ No \_\_\_

If I am a scholarship recipient, and do not attend the Citizenship trip, I am to return the scholarship money to 4-H Leader's Council \_\_\_\_\_ Initials

If I am selected to attend this conference, I will come back to the County next year and visit 4-H clubs to help them with the Citizenship Program. \_\_\_\_\_ Initials

\_\_\_\_\_  
APPLICANT

\_\_\_\_\_  
PARENT/GUARDIAN